



January 2010

A Pole New Experience!

at

Studios In The Exchange

and

**Introduction to
Pole Dancing**

Last Saturday of Every Month

Enjoy dance lessons in a private studio with six poles.

Located in the beautiful Studios in the Exchange.

A unique Exchange District social and corporate event
facility.

Each class is 1 hour.

Includes qualified instruction on basic beginner techniques.

Gym/yoga/dance attire required.

No experience necessary.

Fee: \$15.75 including GST; Payable in advance.

Call (204) 229-3248

or e-mail

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